

OUR LADY OF LOURDES CHURCH

30 Canberra Drive, East Kilbride, G75 8DG

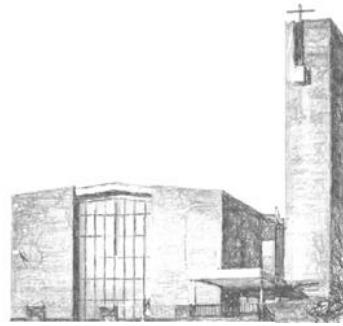
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Father Kenneth Campbell & Sister Sophie McGinness

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1st Feb 2026

SUNDAY MASS – 4th SUNDAY IN ORDINARY TIME

SERVICES FOR 2nd – 8th Feb 2026

Monday

09:25 Litany & Holy Rosary

10:00 Mass

Tuesday

09:25 Litany & Holy Rosary

10:00 Mass

Wednesday

09:25 Litany & Holy Rosary

10:00 Mass

Thursday

09:25 Litany & Holy Rosary

10:00 Mass

18:15 – 18:45 Confessions

19:00 Mass

Friday

09:25 Litany & Holy Rosary

10:00 Mass

Saturday

09:25 Litany & Holy Rosary

10:00 Mass

15:15 – 15:45 Confessions

16:00 Vigil Mass

Sunday 5th Sunday in Ordinary Time

09:00 Mass

11:00 Mass

THIS WEEK'S READINGS

READING 1 ZEPH 2:3; 3:12-13

In your midst I will leave a humble and a lowly people.

PSALM PS 145:7-10 R. MATT 5:3

How happy are the poor in spirit; theirs is the kingdom of heaven. Or Alleluia!

READING 2 1 COR 1:26-31

God chose what is foolish by human reckoning.

GOSPEL MATT 5:1-12A

How happy are the poor in spirit.

REFLECTION ON THE READINGS

An easily recognisable feature of Matthew's gospel is Jesus' authentic teaching. Matthew presents five blocks of teaching, and this is the first extract from the first and most famous of these: the Sermon on the Mount. Moses had climbed Mount Sinai to receive God's Law, God's teaching. Jesus climbs this Galilean mountain (hill) to teach the true meaning of God's Law. Through the beatitudes in today's gospel, he summarises to whom the kingdom of God belongs.

PLEASE REMEMBER IN YOUR PRAYERS

RIP James McFadyen, Allan Kirk, John Griffin, Alex Robertson, Leonard Lane, John Fagin, Anne Weir.

ANNIVERSARIES Alec Coyle, Margaret Campbell, John Shannon, William Mulgrew, Jim Hanlon, Marie Blue

SICK Michael McNiffe, Agnes Carroll, Nora Houston.

MONTHS MINDS Mary McWilliams, Teresa Woodside, Ann Little, Christina Samson Toomy, Annie & Thomas Flaherty, Betty Sweeney, Winnie Howarth

NOTICES, FUTURE EVENTS & SERVICES

AUTISM MASS

Takes place today. This is a Mass with limited movement, noise and lighting for those who may benefit from a quieter and softer atmosphere.

ASSISTED DYING BILL

Gerry Harvey will be giving an update on developments regarding the above bill at Mass this weekend.

COLLECTIONS & DONATIONS - THANK YOU

Offertory cash	£1,420
Envelopes	£365
Votives	£165
Stall	£25
Day by Day	£1,000
Crib	£1,175
Digital	£284

NOTICES, FUTURE EVENTS & SERVICES

FORTY HOURS

On the week of the Feast of our Parish Patron, Our Lady of Lourdes, we are holding Forty Hours Adoration of the Blessed Sacrament. This will begin on Sunday 8th February immediately after the 11am Mass and continue until 8pm Tuesday 10th February. On each evening at 7pm a visiting priest will present a Holy Hour reflection. I ask you to note these dates and set aside some time to pay a visit to the Church. Nearely the time, there will be sheets with time slots for volunteers to ensure that the Blessed Sacrament is never left unattended. Next weekend the box will be out for anyone wishing to make a donation to cover the cost of candles and flowers.

ST. PATRICK'S CELEBRATION

On Friday 13th March, a St. Patrick's night celebration will take place in the Hall. There will be live Irish Music. As always, it will be a BYOB night. More details to follow.

THE PETER GOUGH FOUNDATION

The spectacular Studio 32 are performing in St. Bride's Hall on Friday 6th February to raise funds for the foundation. Over the last year the foundation has raised over £26,000 for various charities including local hospices and local foodbanks as well as the Beatson cancer care unit. Doors open at 7pm for a 7.30pm performance. Bar and raffles on the night. Tickets cost £10. For more info call Sharon Greg on 07799167108.

ST VINCENT'S RACE NIGHT

St Vincent's social committee are holding a race night on Friday 13th February, 19.00 to 23.30. Tickets are £5 per adult, and jockey names can also be bought for £5. If interested, message John on 07525823292.

COFFEE MORNING

On Wednesday of this week. Come and join us for the 10am Mass then on to the Hall.

JUSTICE AND PEACE

Some members of this newly formed group are visiting the East Kilbride and Strathaven Integration Network Cafe, hosted by the Baptist Church in the Village at Maxwell Drive. It's a place for chat, friendship, information and support for asylum seekers. The cafe meets on the first Sunday of the month (so today!) from 3 to 5. All welcome.

PARISH PASTORAL PLANNING GROUP

Members are asked to meet in the Chapel House on Tuesday 3rd February at 7pm. (This group support me in many tasks and their assistance is quite indispensable)

DEFIBRILLATOR

A defibrillator has been installed on the Oratory wall between the Church and Hall. It is registered on The Circuit meaning that anyone can access it by calling the Ambulance Service (999). It is fully automated and simple to use – No training is necessary. If you want to learn more about it and how to do CPR have a look on the British Heart Foundation website – it takes 15 minutes and could save a life. Thank you to all those who contributed towards its purchase.

FOOD BANK COLLECTION:

A retiring collection will be taken up after all Masses.

FRIDAY WARM SPACE

Each Friday tea and toast are provided in the Hall after Mass. Soup is also served around noon. All welcome and there is no charge.

PRIESTLY VOCATIONS

Fr Charlie O'Farrell, Diocesan Vocations Director, is hosting an evening for men who are discerning a possible vocation to the priesthood on Sunday 1st February at 7.30pm in the Cathedral House. This is an opportunity to reflect, ask questions, and explore what it might mean to respond to God's call. Those who feel even a gentle prompting towards the priesthood are encouraged to come along, as the coming months are an important time for discernment.

Please keep this gathering in your prayers and share with anyone who may be discerning their vocation.

ADVANCE NOTICE

Ash Wednesday takes place on Wednesday 18th February. Ash Wednesday (and Good Friday) are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

OLOL PRIMARY PARENT MEETINGS

On Tuesday 10th February at 6pm in the church for the Sacrament of Reconciliation and at 6.45 for the Sacrament of the Eucharist

THE WESTERN CATHOLIC CALENDAR:

Parishioners can purchase copies of this from the stall. It provides contact details as well as times of Sunday Masses etc. for every Church in the Archdiocese of Glasgow and the Dioceses of Motherwell and Paisley. It also contains other information as well as details of those priests ordained in the year past as well as those who died. It costs £3.50 and we only have a limited number of copies.

50:50 WINNERS

£250 - Raymond McGuire -16
£150 - Jane Black - 96
£100 - Christine McGee - 61
£50 - Esther Daly - 57
£25 - Angela Abernethy

DIGITAL SUNDAY OFFERING

The following QR Code or link takes you to a secure web page that can be used for your Sunday Offering.



Please note that not only can you donate your weekly donation online, there is also provision to give a donation for any special collections.

<https://donate.mydona.com/our-lady-of-lourdes-church>

You can also register for Gift Aid or Gift Aid your offering. Only those who Gift Aid will have their details recorded. You can also include a short message.