

LENTEN TALKS

by
Canon John Udris

*The Third Day in Sacred Scripture
Where Trust and Mercy Meet*

7.00pm until 8.00pm

Our Lady of Lourdes Church, East Kilbride

Tuesday 12th March

Tuesday 19th March

Tuesday 26th March

Tuesday 9th April

Canon John Udris is Spiritual Director at St Mary's College, Oscott, Birmingham. He has a Licence in Spirituality from the Dominican University in Rome. He is a priest of Northampton Diocese where his first parish was Our Lady's, Corby, where many of his parishioners were historically from Lanarkshire. At the end of his time there, he says he could watch an episode of Rab C Nesbitt and not need the subtitles! He is the author of books and articles on Spirituality and leads retreats and days of recollection. He has a particular interest in St Therese of Lisieux. He has recently completed a report for his Bishop on the potential for the opening of the Cause of G K Chesterton. Pope Francis has appointed him as a Missionary of Mercy. In these Lent talks, he will explore the rich scriptural theme of the Third Day, illustrating and exploring it through the life and spirituality of St Therese.

WEEK 6

HOLY WEEK

14th April
5.00pm
9.00am
11.00am

Palm Sunday
Saturday Vigil Mass with Blessing of Palms
Mass with Blessing of Palms
Blessing of Palms and Palm Sunday Procession
Mass for Palm Sunday
Mass with Blessing of Palms

18th April
7.00pm
11.00pm

Holy Thursday
Mass of the Lord's Supper
Night Prayer at the Altar of Repose in the Oratory

19th April
10.00am
3.00pm
7.00pm

Good Friday Day of Fast and Abstinence
Morning Prayer of the Church
Liturgy of the Passion of the Lord
Prayer around the Cross

20th April
10.00am
8.30pm

Holy Saturday
Morning Prayer of the Church
Vigil of Easter

21st April
9.00am
11.00am
6.30pm

Easter Sunday
Mass with Renewal of Baptismal Promises
Mass with Renewal of Baptismal Promises
Mass with Renewal of Baptismal Promises

OUR LADY OF LOURDES

The Season of Lent 2019

We invite you to join us on our Lenten journey, beginning Ash Wednesday, 6th March. This is a journey like no other! Our guide and our leader is the Lord himself, Jesus Christ, who takes us by the hand and, in love, re-shapes our lives so that we can find true happiness and lasting love in him. It's a journey of discovery and is not without its moments of excitement, new experiences and of challenge as we discover who we are, what we are called to be, and who is calling us to know him, to love him and to serve him

Lent prepares for Easter. The Lenten liturgy, especially the Holy Sacrifice of the Mass, disposes both the faithful and catechumens to celebrate the Paschal Mystery as the centre of the liturgical year and of the Christian life. Violet (purple) is the colour of the season.

Two aspects of Lent should be kept in mind:

- ◆ Lent was originally devised as a period of Catechesis for those becoming members of the Church at Easter. The Sunday Readings are dominated by truths of faith and Baptismal Themes. However, in Lent 2019, as we follow St Luke's Gospel Sunday by Sunday, the themes of repentance and forgiveness, are to the fore.
- ◆ The weekday Readings have a golden thread of encounter with Christ inviting change in our lives - a change that should lead us to be more Christ-like.

At the beginning of the Season of Lent - Ash Wednesday - the words that accompany the imposition of ashes on our foreheads at Mass are very similar to the words of the priest holding a handful of earth at the graveside: 'for we are dust, and unto dust we shall return'; we are reminded of our mortality and thus our need for God.

Our prayer and penance during Lent should draw us closer to God and to one another. In a very particular way, prayer and penance should make us intensely aware of the poor and the needy of our community, our town and our world. Our fasting should help us forge a strong bond with the hungry, the starving, the deprived, the marginalised, all who live in poverty, as we deny ourselves some food to help our brothers and sisters in their need.

Traditionally, Wednesdays and Fridays have been observed as days of Fasting, with Friday a day of particular penance as we unite ourselves with our Crucified Lord in prayer, fasting and almsgiving.

Let's get in step with the Lord this Lent 2019 and see what he has in store for us!

ASH WEDNESDAY (6th March) A Day of Fast and Abstinence

7.00am Mass with Distribution of Ashes
 10.00am Mass with Distribution of Ashes
 1.30pm Mass with Distribution of Ashes
 7.00pm Mass with Distribution of Ashes

THURSDAY AFTER ASH WEDNESDAY (7th March)

8.15am Mass
 9.30am Morning Prayer of the Church
 10.00am Mass
 6.30pm Exposition of the Blessed Sacrament in the Oratory
 7.00pm Confessions in the church until 7.30pm
 7.45pm Night Prayer of the Church & Benediction in the Oratory

FRIDAY AFTER ASH WEDNESDAY (8th March)

7.00am Mass
 7.30am Adoration of the Blessed Sacrament until 9.55am
 9.15am Confessions until 9.45am
 10.00am Mass
 7.00pm Stations of the Cross with Prayers for Victims of Abuse

SATURDAY AFTER ASH WEDNESDAY (9th March)

8.15am Mass
 9.15am Confessions until 9.45am
 9.30am Novena in Honour of the Miraculous Medal and Recitation of the Rosary
 10.00am Mass
 10.30am Confessions until 10.45am
 4.15pm Confessions until 4.45pm
 5.00pm Vigil Mass for the First Sunday of Lent

SUNDAY FIRST SUNDAY OF LENT (10th March)

9.00am Mass
 11.00am Mass
 5.45pm Adoration of the Blessed Sacrament
 6.00pm Evening Prayer and Benediction of the Blessed Sacrament
 6.30pm Mass

WEEKS 1 – 5 OF LENT**TIMES OF MASS**

Sundays 9.00am 11.00am 6.30pm
Mondays 8.30am (in St Louise School) 10.00am and 7.00pm
Tuesdays and Thursdays 8.15am and 10.00am
Wednesdays and Fridays 7.00am and 10.00am
Saturdays 8.15am and 10.00am
 5.00pm Vigil Mass for Sunday

TIMES OF CONFESSION

Thursdays 7.00pm until 7.30pm
Fridays 9.15am until 9.45am
Saturdays 9.15am until 9.45am
 10.30am until 10.45am
 4.15pm until 4.45pm

ADDITIONAL OPPORTUNITIES FOR CONFESSION

Saturday 30th March All day Confessions (See the parish bulletin for details)
Sunday 31st March Confessions before and after Masses (See the parish bulletin for details)
Sunday 7th April Confessions before and after Masses

TIMES OF ADORATION OF THE BLESSED SACRAMENT

Sundays 5.45pm (with Evening Prayer at 6.00pm)
Mondays 6.00pm until 6.55pm
Thursdays 6.30pm in the Oratory until Night Prayer and Benediction at 7.45pm
Fridays 7.30 am until 9.55am

EVENING PRAYER OF THE CHURCH AND BENEDICTION

Sundays 6.00pm

MORNING PRAYER OF THE CHURCH

Tuesdays and Thursdays 9.30am

STATIONS OF THE CROSS

Wednesdays 9.30am
Fridays 7.00pm